

ALTERNATIVE MASSAGE THERAPIES

SACRED LOMI

Lomi Lomi is a time honored, traditional Hawaiian massage, which combines long flowing strokes and circular motions that facilitate the clearing of old patterns, trauma, and negativity. This heart-centered practice is meant to leave one's mind, body, and spirit relaxed and restored.

60-minute session	\$95
90-minute session	\$125

THAI MASSAGE

Thai massage combines stretching, acupressure, and breath work in a harmonious fashion that can often be described as "lazy man's yoga." Gentle yet powerful- effects are enhanced states of relaxation, ease of muscle tension, and greater range of motion.

60-minute session	\$80
90-minute session	\$100

THERAPEUTIC MASSAGE

A combination of massage techniques including neuromuscular massage, myofascial massage, trigger point therapy and/ or sports massage. Therapeutic Massage is designed to address specific dysfunction in the muscles, tailored to each clients needs, preference of pressure and body type.

60-minute session	\$80
90-minute session	\$100



LASER CRYSTAL THERAPY

Using a quartz, laser crystal, Crystal Therapy (CT) helps extract and release overburdened energy centers by removing harmful influences and negative programming. This therapy also includes some hands-on work to alleviate blockages trapped in the fascia. Crystal Therapy can help with compulsive behaviors, irritability, grief and anxiety.

75-minute session	\$85
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FUSION THERAPY SIGNATURE FACIAL

Our signature facial transforms dull, dry skin into youthful glowing skin. Treatment includes dermaplaning along with lymphatic drainage. Lymphatic drainage detoxifies and decongests skin (and sinus) for more frequent cell turnover, along with optimal absorption of hydrating and corrective serums.

75-minute session	\$95
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DISCLAIMER: We do not claim to be a replacement for any medication or medical treatment, but only a complement to traditional medicine techniques. Consult with your health provider with any questions or concerns before engaging in any therapy and/or making any medical changes.



Elements of Healing

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DRY SALT THERAPY

Therapeutic salt room sessions reduce stress, help with upper and lower respiratory issues, skin issues, and boost the immune system.

ADULT DRY SALT THERAPY

Single Session (45 minutes)	\$45
3-Session Pass	\$105
5-Session Pass	\$155

ADULT DRY SALT MEMBERSHIPS

1-Month Unlimited Pass	\$200
3-Month Membership (monthly)	\$140
8-Month Seasonal Membership (monthly)	\$110
12-Month Membership (monthly)	\$99
12-Month Membership (monthly for two-adults)	\$150

MEMBERSHIP BENEFITS INCLUDE:

- Unlimited dry salt therapy visits
- Priority scheduling
- One 60-minute lymphatic drainage therapy session with Gena Schibler each month at a reduced rate
- Bring a friend for free once per month

CHILDREN'S DRY SALT THERAPY*

(12 years & under)

Single Session (30 minutes)	\$35
Single Session for two children (30 minutes)	\$45

* One parent/guardian is welcomed to accompany their child into the children's salt room free of charge.

LYMPHATIC DRAINAGE THERAPY

Lymph Drainage Therapy (LDT) is an innovative hands-on method developed by Bruno Chikly, MD, DO. LDT is a gentle technique that works through the body's interstitial & lymphatic system to activate the bodies liquid circulation. It also initiates the functioning of the immune and parasympathetic nervous systems by decongesting and detoxifying the body. Lymphatic congestion can cause cranial distortions, allowing misalignments that can throw off the neck and/or scrum, also resulting in pain.

60-minute session	\$85
90-minute session	\$105

BODYWORK THERAPY

We are proud to offer bodywork treatments that go far beyond traditional massage therapy. Terry and Gena Schibler are Fusion Therapy's lead therapists. Recognized throughout the Suncoast, they have mastered many healing modalities including:

- CranioSacral Therapy
- Lymphatic Drainage
- Barne's Myofascial Release
- Dr. Chikly's Brain Therapy
- Fluid Fascial Release
- Energy Work

Terry, Gena and our staff therapists customize treatment protocols specifically to address your health and wellness needs. For a full list and explanation of our healing modalities, please see our website or speak with a member of our staff.

CHILDREN'S THERAPEUTIC BODYWORK

Terry Schibler

30-minute session (infant to 12 years)	\$50
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ADULT NEUROMUSCULAR/THERAPEUTIC BODYWORK

Gena Schibler

Terry Schibler

60-minute session	\$85	\$125
90-minute session	\$105	\$165

60-minute "Double-Hands" session with both Terry and Gena	\$150
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SALT SUITE MASSAGE

Receive a therapeutic massage in our Petite Salt Suite. Enjoy the benefits of a therapeutic massage in a micro-climate of aerosolized salt and therapeutic minerals that reduces inflammation, kills bacteria and balances negative and positive ions in the body.

60-minute session	\$100
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HALF/HALF THERAPEUTIC MASSAGE & LYMPHATIC DRAINAGE

Enjoy a combination of both therapeutic massage and lymphatic drainage therapy. The first half of each session will be focused on decongesting and detoxifying the body through the working of the lymphatic system. Then, therapeutic massage techniques will be used to releases tension and dysfunction in the muscles and connective tissues.

90-minute session	\$105
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